



# HARMONIZER SLEEP



THE HOME  
COLLECTION

HARMONIZER.SHOP

## OUT OF THE BOX

To get started, place the Harmonizer Sleep as close to your bed as possible, either on a nightstand, bed-side table or even under the bed. You can even place it in a draw on cupboard for discretion or design purposes.

You may experience an initial response to introducing the Harmonizer Sleep to your bedroom. This is perfectly natural and part of the process - it means it's already working!

For the best experience, place the Harmonizer further away from where you sleep and gradually move it closer as you feel more confident and receptive to its effects.

For more information about this product and the rest of the Harmonizer Collection you can visit our website and FAQ pages - and join our social groups



[Harmonizer.shop](https://www.harmonizer.shop)



[info@harmonizer.shop](mailto:info@harmonizer.shop)

